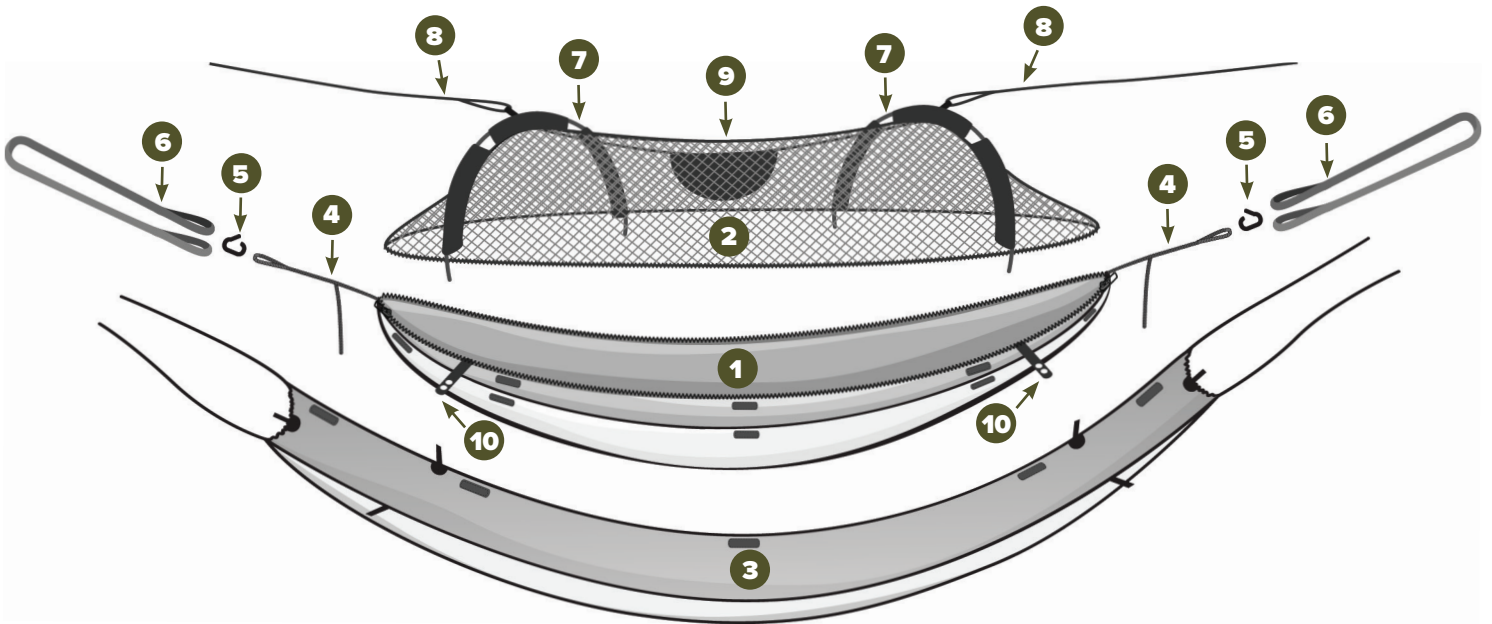


1 Items included

- 1 Hammock**
(Double layered and breathable – ideal for inserting insulation/camping mat if required)
- 2 Mosquito net**
(Detachable with fine mesh designed to keep out even the tiniest of insects)
- 3 Waterproof layer / canopy**
(Detachable, use underneath for bivi camping or overhead as a compact tarp)
- 4 Whoopie slings (attached)**
- 5 Hammock Karabiners (attached)**
- 6 Tree huggers**
- 7 Curved spreader poles (folded)**
- 8 Elastic cord**
(to structure the mosquito net)
- 9 Internal hanging pocket**
(with guy line attached)
- 10 Spreader pole straps**



2 Suspending your hammock

1. Find 2 trees that are around 3-5 metres (11 -15ft) apart.
2. Wrap a tree hugger (6) around one of your trees, roughly at shoulder height – bringing the end loops together so they point towards the opposite tree.
3. Taking the karabiner (5) attached to your hammock's whoopie sling (4), clip it over both tree hugger loops. Do the same on the other tree.
4. Once suspended from both trees, your hammock should be at a comfortable sitting height for you. You can adjust the length of the whoopie slings.

For the most comfortable lie, suspend the 'foot' end of your hammock slightly higher than your shoulder level.